PUBLICATIONS

A) Papers published in peer-reviewed journals:


**B) Peer-reviewed full papers as published proceedings:**


**C) Peer reviewed abstracts:**


D) Other publications:


E) Additional papers presented at conferences:


**GENERAL:**

Excess of 50 popular reports written (includes 2 series of newspaper articles). Invited guest speaker on more than 30 occasions. Multiple certificates in physical activity, health and wellness. Sporting interests: road running [17 Comrades 90 kilometre ultra-marathons (56 miles) in South Africa].