



Contact us

For more information, call (248) 364-8658.
For registration issues, call (248) 370-4551.

Cost per course

\$450 for students taking the course as Continuing Education.
Registration is only available online at oakland.edu/PACE/SHS.

Recommended readings in preparation for each course

For more information, call (248) 364-8658.

Enrollment

Enrollment is limited to 24 students.

Refunds

Refunds will be given to students canceling a week before the start of class. Refunds for cancellation will be subject to a \$50 administrative fee. Cancellations within a week of the start of class will not be refunded. Oakland University reserves the right to cancel this course, and students will receive a 100 percent refund in the event that this occurs.

Requirements

Participants must be licensed physical therapists. You must fax a copy of your current PT license to (248) 364-8660. Participants are required to actively participate in lab sessions and wear appropriate lab clothing.

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3077 Human Health Building
2200 North Squirrel Road
Rochester, MI 48309-4401

Physical Therapy
**CONTINUING EDUCATION
COURSES**



SCHOOL OF HEALTH SCIENCES

PHYSICAL THERAPY

Continuing Education Courses

OAKLAND UNIVERSITY



PHYSICAL THERAPY CE COURSES

Detailed course information

S1 – OMPT examination and intervention for the muscles of the trunk, neck and head

September 13 – 14, 2014, 8 a.m. – 4 p.m.

October 11 – 12, 2014, 8 a.m. – 4 p.m.

Overview

This two-weekend course provides an in-depth and systematic orthopedic manual therapy approach to the examination and treatment of muscles of the trunk, neck and head. Evidence-supported manual therapy specialty skills presented in this course include symptom localization, muscle play and palpation, functional massage, manual muscle stretching, self-functional massage, and autostretching. Foundational sciences, clinical reasoning, orthopedic pathologies and patient cases will also be presented and discussed.

S2 – OMPT examination and intervention for the joints of the trunk, neck and head

November 8 – 9, 2014, 8 a.m. – 4 p.m.

December 6 – 7, 2014, 8 a.m. – 4 p.m.

Overview

This two-weekend course provides an in-depth and systematic orthopedic manual therapy approach to the examination and treatment of the joints of the trunk, neck and head. Evidence supported manual therapy specialty skills presented in this course include symptom localization, joint play, multidirectional translatory joint mobilizations, and an introduction to traction manipulations. Foundational sciences, clinical reasoning, orthopedic pathologies, and patient cases will also be presented and discussed.

E1 – OMPT examination and intervention for the muscles of the upper and lower extremities

January 17 – 18, 2015, 8 a.m. – 4 p.m.

February 21 – 22, 2015, 8 a.m. – 4 p.m.

Overview

This two-weekend course provides an in-depth and systematic orthopedic manual therapy approach to the examination and treatment of muscles of the upper and lower extremities. Evidence-supported manual therapy specialty skills presented in this course include symptom localization, muscle play and palpation, functional massage, manual muscle stretching, self-functional massage, and autostretching. Foundational sciences, clinical reasoning, orthopedic pathologies and patient cases will also be presented and discussed.

SCHOOL OF HEALTH SCIENCES OAKLAND UNIVERSITY

E2 – OMPT examination and intervention for the joints of the upper and lower extremities

March 14 – 15, 2015, 8 a.m. – 4 p.m.

April 11 – 12, 2015, 8 a.m. – 4 p.m.

Overview

This two-weekend course provides an in-depth and systematic orthopedic manual therapy approach to the examination and treatment of the joints of the upper and lower extremities. Evidence supported manual therapy specialty skills presented in this course include symptom localization, joint play, multidirectional translatory joint mobilizations and an introduction to traction manipulations. Foundational sciences, clinical reasoning, orthopedic pathologies and patient cases will also be presented and discussed.

Course content (E1, E2, S1 and S2)

1. Presentation of relevant anatomy and kinesiology
2. Presentation of relevant pathology and pathomechanics
3. Demonstration and practice of relevant examination skills
 - a. Observation of posture and Active Range of Motion (AROM)
 - b. Symptom localization
 - c. Passive motion testing
4. Demonstration and practice of relevant OMPT skills:
S1 and E1
 - a. Manual muscle stretching
 - b. Functional massage
 - c. Autostretching
 - d. Self-functional massage

Or

S2 and E2

 - a. Joint mobilization
 - b. Joint manipulation
 - c. Self-mobilization

Course location

Physical Therapy Program
5002 Human Health Building
Oakland University
2200 North Squirrel Road
Rochester, MI 48309-4401

Oakland University is pleased to offer quality continuing education opportunities to licensed physical therapists. All continuing education courses feature a mature curriculum backed by 25 years of refinement, primary instructors with more than 20 years of clinical and teaching experience, high instructor-to-student ratios (better than 1-to-6 instructor-to-student ratio) and professional quality learning and instructional aids.

Unique Course Features

Content within the S1, S2, E1 and E2 courses are organized by tissue structure and function. This allows for a concise overview of concepts, principles and rules of examination and treatment of the covered tissue(s). In addition, the presentation of materials is grouped to maximize retention and to facilitate comparisons of tissues with similar structure and function throughout the body.

All CE content is provided on Saturday and Sunday of the associated Orthopedic Manual Physical Therapy (OMPT) courses.

New techniques in the courses this year include belt assisted joint and muscle techniques as well as introductory intermuscular and interneuromuscular functional massage techniques. Additional curricular refinements include expanded discussions of evidence-based and evidence-informed practice in orthopedics and orthopedic manual therapy.