**Evolutionary Psychology Degree Options**

Evolutionary psychology is a theoretical approach to psychology. It attempts to explain mental and psychological traits—(e.g., perception, language and memory) as adaptations (or the functional outcomes of natural selection).

The graduate programs in evolutionary psychology are not as common as some other areas of psychology, but a few do exist. Many enter these programs with undergraduate degrees in psychology, anthropology, and biology.

**PhD and Master’s in Evolutionary Psychology**

* Evolutionary psychology is research based, so candidates for graduate programs must be prepared academically and show interest in a research oriented career.
* The following is a link to places to study Evolutionary Psychology: <https://www.cep.ucsb.edu/evpsych_programs.html>

**Alternatives to Specific Graduate Training in Evolutionary Psychology**

* Evolutionary psychology is treated differently by different colleges and universities. Some offer degrees in evolutionary psychology, but:
* It is common for students to enroll in an area program, such as developmental, social, or cognitive psychology, and then focus on evolutionary psychology as the path they choose, the courses they take, and the research they conduct for their Master’s thesis and dissertation. Common evolutionary psychology courses:
  + Evolutionary psychology, personality psychology, cognitive neuroscience, social psychology.