**Pontiac Parent University Instructor Volunteer Form**

**Parent University is a community partnership between the Pontiac School District and Oakland University. This partnership was created as a holistic approach to help parents become full partners in their child's educational success through activities, courses, and workshops that offer many helpful community resources.**

**We are currently looking for anyone interested in volunteering to present a one-time class/presentation for the next semester which starts in January! Classes consist of a one-hour presentation to the parents of the Pontiac Public School District. Courses can be categorized under these four categories: Health and Wellness, Effective Parenting, Personal Growth and Development, Navigating the Education System.**

**Classes for this semester included:**

Zumba

Resume Writing Tips and Networking for Success

Nutritional Learning - Cooking Demonstration

30-60-90 second Elevator Speech for Career Success

The options are endless!

**For more information, please contact: Gabriela Sullen at:** **gabriela.sullen@pontiacschools.org** **or 248-451-6862.**

\*All classes for parents are to be given for free and on a volunteer basis\*

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**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Category:**

* **Health and Wellness**
* **Effective Parenting**
* **Personal Growth and Development**
* **Navigating the Education System**

**Brief Description of Course or idea:**